



SERVICE LEARNING AND CIVIC ENGAGEMENT THROUGH HIGHER EDUCATION

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Interconnecting the City of Houston and Harris County in Communicating Current Health Insights: A Mastery Health Framework

ABSTRACT:

Cardiovascular diseases (CVD) and obesity are highly prevalent in Houston and Harris County. Providing the community with current, evidence-based health information can encourage healthier behaviors and reduce the risk of CVD. To support this effort, a mastery framework has been developed to connect the University of Houston–Downtown (UHD), local organizations, and Harris County partners. This conceptual model is designed to empower communities, strengthen relationships, enhance the dissemination of health insights, and highlight the lived experiences of individuals most affected by these conditions.

THEMATIC FOCUS:

CONVERGENCE AND INTERSECTIONS: HOW INCREASING OR DECREASING HYPERCONNECTIVITY CAN IMPACT COMMUNITY ENGAGEMENT.

BIO(S):

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